

Michael Morgan, LMT, CST-D

BIO

Michael Morgan LMT, CST-D has been an instructor of CranioSacral Therapy for the Upledger Institute for over 18 years and has taught this technique extensively North America, Canada, Russia, Mexico, Argentina, New Zealand, Australia, Iceland and other countries around the world.

He has been featured in interviews on radio, Internet, webinars, and other media over the last 10 years.

CranioSacral Therapy, as developed by Osteopathic pioneer John Upledger, DO, is a very gentle, light touch, noninvasive therapy which allows the practitioner to sense and feel restrictions in all parts of the body and release them, resulting in relief from headaches, closed head injuries, childhood trauma including autism and cerebral palsy, concussion and relief from a variety of age-related diseases including Alzheimer's and Dementia

BACKGROUND

After experiencing firsthand the effects of Alzheimer's and Dementia with his step mother and sister-in-law, Michael pioneered and coordinated research in the application of Craniosacral Therapy to Dementia and Alzheimer's disease, and served as a consultant for a study which was published in the American Journal of Gerontological Nursing, as well as ongoing research in this area.

He has developed classes for therapists and laypersons entitled CranioSacral Therapy for Longevity as well as advanced training classes for CranioSacral Therapists.

Michael earned a BA degree in Physics and Philosophy from UC Berkeley and an MA degree in Interdisciplinary Studies from Maharishi International University in Fairfield Iowa.