

INTERVIEW QUESTIONS

Alzheimer's

What causes Alzheimer's?

It is preventable and can it be reversed?

What do you mean when you say Alzheimer's is type 3 diabetes?

What is cerebral spinal fluid (CSF) and what does it have to do with dementia?

Why are one in six women over 60 likely to be diagnosed with it?

What is CranioSacral therapy? Why don't more people know about it?

Is there research to substantiate your claims?

How can people learn more about your training programs?

Aging

What are the diseases of aging?

Is it inevitable that we go downhill as we age?

What is the BodyEnergy Longevity Prescription?

What led to your interest in this area?

What do you mean by reversal of the aging process?

What are the characteristics of normal aging?

What factors accelerate aging?

Autism

What effect does CranioSacral therapy have on children with autism?

Are there similarities between autism and Alzheimer's?

Do we know what causes autism? Do you have an opinion on its cause?

Is there a connection between vaccines and autism?

How many American children have been diagnosed with autism?

How does Western medicine approach autism?

What treatments or modalities seem to be effective in treating autism?

Headaches

How many people in the US and Canada suffer from headaches and migraines?

What causes headaches and why are they so common?

What success have you had in finding relief from headaches and migraines? How long have the effects lasted?

What alternative treatment program would you suggest for people with headaches and migraines?

Concussions

What is the connection between NFL players and dementia?

What do NFL players have to say about CranioSacral therapy?

How widespread are concussions in the NFL? With sports in general?

What advice do you have for parents whose children participate in school athletics?

What is CTE (chronic traumatic encephalopathy)? How many NFL players have it?

Once someone suffers a concussion is permanent damage inevitable?

Diet and Lifestyle

What is the connection between inflammation in the body and brain?

Do the kinds of food we eat have an effect on overall brain health?
Why?

How many people in the US are diabetic or pre-diabetic? What effect does this have on the overall national health?

You say that 40% of people with Alzheimer's have diabetes. What's the connection?

Why is food truly medicine?

How can people change long-held poor dietary habits?